MENTAL HEALTH AND SUBSTANCE ABUSE SERVICES FOR ADULTS
GREATER WATERBURY AND DANBURY AREA (REGION 5)

24- HOUR CRISIS HOTLINES AND EMERGENCY INFORMATION

CNV HELP/Renauto (Waterbury) Substance Abuse Walk-In Assessment Center ............................................. (203) 754-0322
Connecticut Problem gambling
Danbury Hospital Crisis line ............................................................... (203) 739-7007
DMHAS 24 Hour call center for Opioid Treatment and Services ........ 1-800-563-4086
Helpline ......................................................................................... 1-800-273-TALK (8255)
INFOLINE (Statewide) ................................................................. 211
National Suicide Prevention Hotline ........................................... 1-800-273-TALK (8255)
Waterbury Area Hotline and Mobile Outreach 918 and over) ......... 1-866-794-0021
Waterbury Crisis Services ............................................................... (203) 573-6500
Western CT Mental Health Network-Waterbury Area .................. 1-888-447-3339
Western CT Mental Health Network - Torrington Area ................... 1-888-447-3339

MENTAL HEALTH SERVICES

Ability Beyond Disability, Bethel ................................................... (203) 775-4700
Catholic Charities - 30 Main Street, Danbury .............................. (203) 743-4412
Outpatient or Partial Hospitalization mental health facility
Catholic Charities – 56 Church Street, Waterbury ....................... (203) 596-9359
Central Naugatuck Valley HELP, Inc., Waterbury (Outpatient treatment, co-occurring disorders) ................................. (203) 754-0322
CNV HELP, Inc. Rev Ed Dempsey Program (residential program) ...... (203) 756-8984
Charlotte Hungerford Hospital ..................................................... (860) 496-6350
Community Health Center, Waterbury ...................................... (203) 574-4000
Danbury Hospital - Community Psychiatric Center
152 West Street ........................................................................... (203) 207-5480
Danbury Hospital –Psychiatry and Behavioral health .................... 1-800-516-3658
Family Intervention Center, Waterbury ...................................... (203) 753-2153
Guardian Ad Litem Services, Inc .................................................. (203) 723-4332
Housatonic Valley Coalition Against Substance Abuse ................. (203) 743-7741
Mental Health CT (Danbury, Waterbury, Torrington) ................. (860) 529-1970
Newtown Youth and Family Services, Newtown ......................... (203) 270-4335
New Milford Hospital ................................................................. 203-355-2611
Staywell Health Center, Waterbury ........................................... (203) 756-8021
St Mary’s Hospital Behavioral Health (Outpatient, Intensive Outpatient, Inpatient) .............................................. (203) 709-6201
Waterbury Hospital Behavioral Health (Outpatient, DBT, IOP, Inpatient) .... (203) 573-7097
Waterbury Hospital Gero-psych Program ..................................... (203) 573-7097
Waterbury Youth Service System .................................................. (203) 573-0264
Western CT Mental Health Network - Danbury Area ..................... (203) 448-3200
SUBSTANCE ABUSE SERVICES AND RESOURCES

Alcoholics Anonymous (AA), Alano, Alateen............1-866-STEP$12 or 1-866-783-7712
Access to Recovery (ATR) (helps pay for support and recovery services) .. 1-866-580-3922
CNV HELP, Inc. Renato Network (Outpatient, IOP, Opioid Treatment)...........(203) 754-0322
Connecticut Counseling Center, Danbury.............................................(203) 743-7574
Connecticut Counseling Center, Waterbury.............................................(203) 568-7474
CT Narcotics Anonymous Statewide 24/7 Hotline: ....................................1-800-827-3543
Department of Social Services (DSS) Information Line and Benefits Center...1-855-626-6632
Gambler’s Anonymous Hotline.................................................................800-346-6238
Highwatch Farm- Residential Substance Abuse Treatment, Kent, CT
McCall Foundation, Inc., Torrington.........................................................(860) 496-2100
Mountainside – Substance Abuse Treatment, Detox, residential treatment services
Canaan, CT ...............................................................................................(860) 824-1397
Narcotics Anonymous (NA)........................................................................800-627-3543
Midwestern CT Council on Alcoholism, Inc. (MCCA), Danbury...............(203) 792-4515
New Milford Hospital, 21 Elm Street, New Milford......................................(203) 355-2611
Rushford (residential) Cheshire Office .....................................................1-877-577-3233
St Mary’s Hospital Behavioral Health (Outpatient, Intensive Outpatient, Inpatient)
...................................................................................................................(203) 709-6201
Staywell Health Center, Waterbury .........................................................(203) 756-8021
Waterbury Hospital/West Main Behavioral Health (Outpatient, DBT, IOP, Inpatient, Suboxone
Treatment if started during IOP)...............................................................(203) 573-7097
Wellmore Behavioral Health.......................................................................(203)755-1143

FAMILY SUPPORT

Catholic Charities - 30 Main Street, Danbury ...........................................(203) 743- 4412
Catholic Charities Family Service Center, 56 Church Street, Waterbury .......(203) 755-1196
Danbury Department of Social Services (DSS), 342 Main Street, Danbury.....(203) 207-8900
Waterbury Department Social Services (DSS), 249 Thomaston Avenue,
....................................................................................................................Waterbury...........................................................(203) 597-4000
NAMI – Waterbury (family Support group, separate spousal support groups)....(860) 274-5841
NAMI – Connecticut .................................................................................(800) 215-3021
Protective Services for the Elderly...............................................................(860) 465-3550

DEPARTMENT OF MENTAL HEALTH AND ADDICTION SERVICES (DMHAS)-FUNDED
PROGRAMS

Catholic Charities - 30 Main Street, Danbury ...........................................(203) 743- 4412
Catholic Charities – 56 Church Street, Waterbury......................................(203) 596-9359
Center For Human Development/Adult Mental Health (residential Services)....(203) 596-9323
Central Naugatuck Valley HELP, Inc., Waterbury......................................(203) 754-0322
Human Resources Development - Discovery Center....................................(203) 805-5336
Kennedy Center (Supported Employment)..................................................(203) 573-9077
Mental Health Connecticut
- Residential services .............................................................................(203) 757-8153
- Supported employment Services .........................................................(203) 757-5431
- WISE Program for age 55 or over .....................................................(203) 527-3145
- The Independence Center (Recovery Resource Center).........................(203) 757-0567
St Vincent DePaul Mission of Waterbury (residential Services).................(203) 757-0567

Valente/MHSDresource2017
SELF, Inc. (Residential Services) .............................................................. (203) 759-2074
Warmline for DMHAS –enrolled clients (Mental Health Support) ................... (860) 482-1783
Western CT Mental Health Network – Waterbury (ABI/TBI services, Community Support
Program/Case Management, Crisis Intervention, Homeless Outreach, Jail Diversion, Outpatient
Clinical Services) .............................................................................................(203) 805-5300
Western CT Mental Health Network - Danbury Area........................................ (203) 448-3200

USEFUL WEBSITES

Buprenorphine (Suboxone) Treatment (Opiate Treatment) Practitioner Locator
https://www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-
physician-locator

National Institute for Mental Health (NIMH) https://www.nimh.nih.gov/health/find-
help/index.shtml

Opioid Treatment Programs in Connecticut (SAMSHA)

SAMSHA Behavioral Health (mental health and substance abuse) Treatment Services Locator
(https://findtreatment.samhsa.gov/)

Waterbury Homeless Shelters and Services https://www.homelesshelterdirectory.org/cgi-
bin/id/city.cgi?city=Waterbury&state=CT