The Center for Early Childhood Education at NVCC
Exploration Room Daily Schedule

7:30 – 9:00  Greetings, Quiet Activities, Mini-Atelier
9:00 - 9:15  Morning Meeting: Provocation & Proposal Introductions
9:15 – 9:30  Small Group Proposals
             9:15 Food Prep
9:30 - 11:00 Facilitated Play with Embedded Small Groups:
             Snack until 10:00
             10:15-10:30 Embedded Small Groups including Project Work & Art Skills
11:00 - 11:30 Music & Movement & Literacy Meeting
11:30 – 12:00 Outdoor Play & Exploration and Gross Motor
12:00 - 12:30 Lunch & conversation
12:30 -1:00  Preparation for rest time: bathrooms, books & guided relaxation
1:00 - 2:30  Rest time & quiet activities
2:30 - 3:15  Wake up, quiet activities, & snack
3:15 - 3:30  Afternoon Meeting
3:30 - 4:00  Outdoor Play & Exploration
4:00 – 4:30  Music & Movement & Literacy Meeting
4:30 – 5:15  Provocations and Facilitated Play
5:15 - 5:30  Quiet activities

*Within the schedule time is allotted for transition between activities*

Embedded small groups may include literacy, math, science, journals, social studies, gross motor, music, art
fine motor, self-help, social-emotional, etc.