



The Center for Early Childhood Education at NVCC Exploration Room Daily Schedule

7:30 - 9:00	Greetings, Quiet Activities, Mini-Atelier
9:00 - 9:15	Morning Meeting: Provocation & Proposal Introductions
9:15 - 9:30	Small Group Proposals 9:15 Food Prep
9:30 - 11:00	Facilitated Play with Embedded Small Groups: Snack until 10:00 10:15-10:30 Embedded Small Groups including Project Work & Art Skills
11:00 - 11:30	Music & Movement & Literacy Meeting
11:30 - 12:00	Outdoor Play & Exploration and Gross Motor
12:00 - 12:30	Lunch & conversation
12:30 - 1:00	Preparation for rest time: bathrooms, books & guided relaxation
1:00 - 2:30	Rest time & quiet activities
2:30 - 3:15	Wake up, quiet activities, & snack
3:15 - 3:30	Afternoon Meeting
3:30 - 4:00	Outdoor Play & Exploration
4:00 - 4:30	Music & Movement & Literacy Meeting
4:30 - 5:15	Provocations and Facilitated Play
5:15 - 5:30	Quiet activities

Within the schedule time is allotted for transition between activities

Embedded small groups may include literacy, math, science, journals, social studies, gross motor, music, art fine motor, self-help, social-emotional, etc.