

Naugatuck Valley Community College



PHYSICAL THERAPIST ASSISTANT PROGRAM

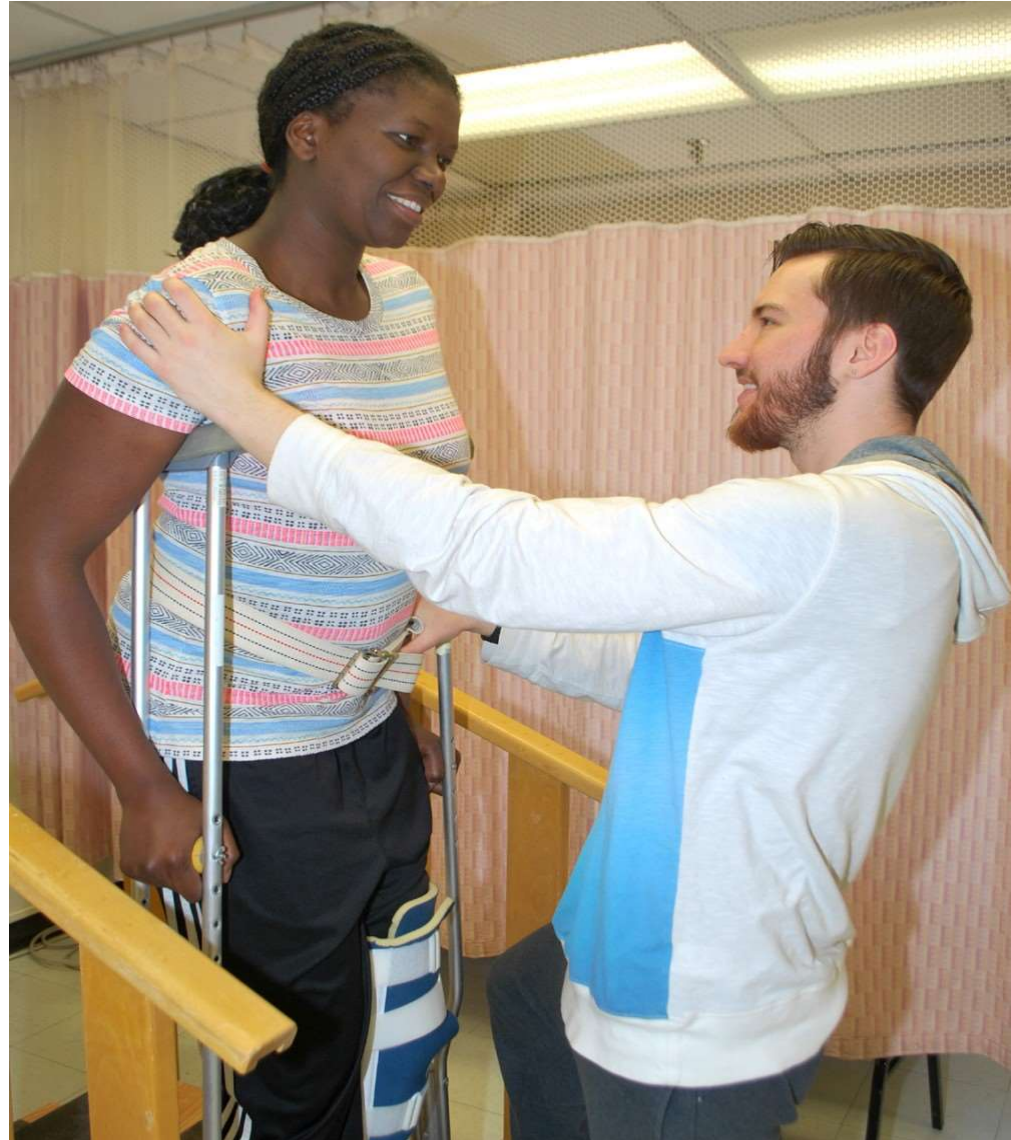




Why should you be involved in physical therapy?



- Exciting
- Rewarding
- Working with people
- Teamwork
- Endless opportunities
- TO HELP OTHERS



“You Can Be Me!

<https://www.youtube.com/watch?v=r35FQT3u0J4>

”





What is a PTA?

PTA



- A PTA is a health care provider who works under the direction and supervision of a Physical Therapist (PT).
- The education of a PTA requires that the candidate earn an Associate Degree meeting criteria set by the Commission on Accreditation in Physical Therapy Education (CAPTE).

CAPTE



The Physical Therapist Assistant Program at Naugatuck Valley Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), American Physical Therapy Association 3030 Potomac Ave., Suite 100 Alexandria, VA 22305-3085; telephone: 703-706-3245; email: accreditation@apta.org; website: <http://www.capteonline.org>. If needing to contact the program/institution directly, please call 203-596-2168 or email jgangaway@nv.edu.



**Why should you
choose NVCC?**

Our Mission



The Physical Therapist Assistant (PTA) Program is committed to high standards as it educates students with the knowledge, clinical skills, professional behaviors, and core values essential to evidence-based and culturally competent care.

Our Vision



The program emphasis on technology and communication facilitates learning in the classroom and the clinic as the program endeavors to educate students who:

- strive for excellence as physical therapist assistants
- commit to high ethical standards
- appreciate and value racial, social, economic, and cultural diversity
- utilize critical reflection
- invest in community involvement
- engage in lifelong learning

Our Faculty

talented motivating studentcentric
compassionate **dedicated** absolutely
amazing helpful kind supportive
inspiring fantastic
awesome knowledgeable
brilliant caring friendly
experienced sincere smart special
wonderful challenging

encouraging knowledgeable
splendid **caring** personable
amazing **lit** kind wonderful
funny helpful fantastic supportive
flexible stupendous experienced
approachable

Our facilities





What will you learn?

Associate of Science Degree in Physical Therapist Assistant



- **Five semester program**
 - Including admission requirements
- **Two year curriculum in PTA Program**
 - Art and science courses integrated with specialized physical therapy studies
 - Academic and clinical coursework
 - Critical thinking and decision-making
 - Professional behaviors
 - Effective communication skills
 - Documentation

First Semester (Spring)



PTA* H120	Introduction to Physical Therapy	3 credits
PTA* H125	Physical Therapy for Function	4 credits
PTA* H130	Clinical Anatomy/Kinesiology	3 credits
BIO* H212+	Anatomy & Physiology II#	<u>4 credits</u>
		14 credits

+ Must be completed within the past 5 years with a C+ or higher.

Second Semester (Fall)



PTA* H145	Physical Agents in Physical Therapy	3 credits
PTA* H150	PT Interventions I	4 credits
PTA* H155	Pathology for PTA I	3 credits
ENG* 102 or 200	Literature and Composition or Advanced Composition	<u>3 credits</u>
		13 credits

Third Semester (Spring)



PTA* H251	PT Interventions II	3 credits
PTA* H255	Pathology for PTA II	3 credits
PTA* H258	PTA in the Healthcare Arena	2 credits
Elective	Aesthetic Dimensions / Written Communication	<u>3 credits</u>
		13 credits

Fourth Semester (Fall)



PTA* H260	Physical Therapy Seminar	2 credits
PTA* H262	PTA Internship II	5 credits
PTA* H265	PTA Internship III	<u>5 credits</u>
		12 credits
General Education Credits	23 credits	
PTA Credits	<u>40 credits</u>	
Total Program Credits	63 credits	



How do I apply?

PTA Application

It is your responsibility to carefully read the PTA Application



- All admission requirements must be completed by **8/1/2021**, including submission of proof of documentation of meeting the requirements.
 - Including but not limited to any CLEP test, course substitutions, and credit by exam.
- Official final transcripts from **all** previously attended colleges/universities, regardless of age of transcripts and applicability to the PTA Program must be submitted by the deadline. This includes college credits earned while in high school.

Admission Requirements



BIO* H211+	Anatomy & Physiology I#	4 credits
ENG* H101+	English Composition	3 credits
Elective+	Mathematics # (higher level than MAT* H136/H137)	3 credits
PSY* H111+	General Psychology I	<u>3 credits</u>
		13 credits

Must be completed within the past 5 years with a C+ or higher.

PTA Admission Requirements for the January 2022 cohort



- **Mathematics Elective:**

- Higher level than H136/H137 (higher than Intermediate Algebra)
- Minimum C+
- Within 5 years prior to entering program

“Five (5) years prior” is defined as having completed the course during Spring semester 2017 or later.

- **Anatomy & Physiology (A & P) I**

- Bio H211 (4 credits)
- Minimum C+
- Within 5 years prior to entering program

“Five (5) years prior” is defined as having completed the course during Spring semester 2017 or later.

PTA Admission Requirements for January 2022 cohort



- English Composition, ENG H101
 - Minimum C

- Introduction to Psychology, PSY 111
 - Minimum C

PTA Admission Requirements for January 2022 cohort

● ATI TEAS

- ATI TEAS with score equivalent to 60% or higher required
- Official test scores must be submitted by the application deadline, if not taken at a CT Community College. Test scores will be valid for three (3) years and must be taken between 8/1/18 to 8/1/21.
- Students with higher scores on these tests are stronger candidates.
- Students can take test multiple times-highest score utilized.

PTA Admission Requirements for January 2022 cohort

ATI TEAS Test Info

Testing schedules and registration info, visit:

www.atitesting.com

▪ A study manual for the test visit:

www.atitesting.com

Any further questions, contact Jessica Miller
(jmiller1@nv.edu) or the testing center:

[203-575-8215](tel:203-575-8215)

PTA Admission Requirements for January 2020 cohort

Applicants will be considered stronger candidates for admission if they have the following by the application deadline:

- Earned a Bachelor's degree.

AND/OR

- Completed all general education courses in the PTA curriculum according to program requirements.

PTA Admission Requirements for January 2020 cohort

- **PTA GPA: 2.7 Minimum**
 - Calculation specific to PTA applicants
 - May differ from your college GPA
 - Calculated according to courses required for admission

PTA Admission Requirements for Incoming January 2020



- All applicants should attend a PTA Information Session and sign into session.
- Documented observation hours:
 - Minimum 10 hours in an in-patient physical therapy setting
 - Minimum 10 hours in an out-patient physical therapy setting
 - Totaling **minimum 20 hours**
 - More hours does not give you an advantage!
 - **MUST BE HANDED IN BY THE APPLICATION DEADLINE OR YOU WILL NOT BE ELIGIBLE FOR ADMISSION**
Submit with your application to the Admissions Office.

Ranking Formula for Admission



PTA GPA	40%
A & P I	20%
Math (higher level than H136/H137)	20%
ATI TEAS	20%

+1 point: earned Bachelor's degree by 8-1-21

+1 point: completed all general education courses (ENG 102/200, BIO 212, AD/WC course) in PTA curriculum by 8-1-21

**Applicants will be ranked with the
top 30 accepted into the program.**

Admissions Decisions



- Competitive selective admissions program
- Up to 30 applicants admitted each year
- Any student denied admission this admission cycle, will need to REAPPLY in the following application cycle.

Admissions Counselor



Erika Carrington

Ecarrington@nv.edu

203-575-8128

Admissions office – K (Kinney Hall) 500

Observation of a PTA Laboratory Class



- Meet PTA faculty
- Interact with current PTA students
- Appreciate the type of information & skills you will be learning
- Not required but recommended

Please contact Cheryl Marie at 203-596-2157 or cmarie@nv.edu, to schedule an observation.



What do I need to know if I'm accepted?

Accepted Students



- Must declare intent to attend by deadline
- Understand the requirement: Before clinical experiences you will:
 - Complete a criminal background check with fingerprinting
 - Pass a drug test
- Students who do not pass the **background check/fingerprinting** may be excluded from clinical sites and may not be able to meet the competencies required for the program.
- Students who do not pass the **drug test** will not be allowed to enroll. Their spot will be given to the next person on the wait list.

Program Requirements



- Complete & submit all health requirements according to deadlines given.
- Become student member of the American Physical Therapy Association. (\$90/year)
- Obtain certification in First Aid & Healthcare Provider CPR.
 - American Heart Association or American Red Cross

Program Requirements



- A grade of "C" or higher must be attained in all physical therapy courses and all courses required for the degree.
- Students must maintain a 2.3 or higher PTA GPA while in the program.
- A grade of "P" (pass) must be attained in all clinical education components to meet the degree.

Additional Requirements



- Tuition & Fees
- Books
- Criminal background check & drug test (annual)
- Professional attire for clinical education experiences
- Licensure review courses
- Transportation
- Annual physical / PPD
 - Complete & verify all required immunizations
- Purchase of goniometers/PTA kit 1st or 2nd semester

Clinical Education



- Clinical learning is held at a variety of healthcare sites throughout Connecticut (CT) and these clinical sites are assigned at the discretion of the PTA faculty.
- Students may be required to travel over seventy- five (75) minutes to their experiences.
- Students are required to provide their own transportation, living expenses (as necessary), and any other expenses while on clinical education experiences.

Considerations for Success



- Sufficient reading time, study time and practice.
- Attendance to Open Lab.
- Additional 2-3 days on campus outside of class time.
- Curriculum more challenging each semester.
- Work hours to minimum-students who work more than 20 hours per week, in general, struggle and have difficulty continuing to be successful in the program.

Considerations for Success



- You are entering a healthcare career **program of study**- not just taking additional classes.
- You will be preparing to take a national licensure exam.
- You will have the responsibility for caring for patients.
- In addition to learning knowledge and skills, you will be expected to demonstrate professional behaviors in all classes & clinical experiences.

Further Questions???



- **Current & former NVCC students contact:**
 - Center for Academic Planning & Student Success (CAPSS) office
 - 203-575-8025
- **New students, contact:**
 - Admissions office
 - 203-575-8080

Reminders



Please note: this information is in regard to the 2021 application cycle for the incoming 2022 class.

Admission requirements may change without notice.

It is your responsibility to ensure you are aware of the most updated information.

PTA Program Information Sessions



- Check PTA webpage, www.nv.edu/pta, for upcoming information sessions.
- Sessions are held at NVCC in Founders Hall, F 207 (PTA Classroom) or virtually at <https://bit.ly/ptaliveinfo>
- RSVP not required.



Remember.....

OPPORTUNITIES



ARE ENDLESS!!!!!!



Thank You For Your Time



Good Luck in Your Future Goals!!

The PTA Faculty & Staff